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Important Dates

Board of Directors Meeting

Monday, October 24th @ 6:30pm

Community Kitchen

Wednesday, Oct. 12th & 27th

Please send a \$2 donation please.

This is a delightful outing,
feel free to join us.

Pro-D Day Fieldtrip

Friday, Oct. 21

Quadra Kids-

On the Rocks Climbing Gym

Lv. At 11:30 for 12 ferry - Rt. 4:30 ferry

Halloween Party

Monday, Oct. 31st from 10-11:30

Goods and Services Auction

FUNDRAISER

Saturday, November 5th @ 7pm

JOIN US at the

Quadra Community Centre
for

Live, Silent, Raffle and Chinese
Auctions

Dinner, Drinks & Dessert

MARK YOUR CALENDER

~October 2016 Newsletter~

Children's Centre Happenings

Quite often our activities at the Children's Centre reflect what is currently happening in our community. Fall is a fantastic example of this as we, like many of you, are busy harvesting the food our gardens have yielded. This is an exciting and rich experience for the children. So far we have eaten scarlet runners and carrots straight out of the ground. We have pulled out corn, noticing the roots that have been hidden all summer, experiencing the length and weight of these giant plants and finding it just as fascinating as planting the corn in the Spring. We were surprised and amused by the treasures the corn plants had to offer as some of them had large juicy kernels while others had not formed. We have brought the garden inside, as we start the process of putting it to bed, for closer investigation. Our sunflower heads are being dissected with tweezers and examined with magnifying glasses.

It is important to us that the children learn where food comes from and have been learning how to prepare it from the abundance of apples we have. Thank you to all of you who have gifted them to us. The highlight so far has been making apple sauce, offering us a chance to slow down and build a relationship with the food we eat. This activity brought about much learning: physical learning - washing and cutting the apples supported the development of fine motor skills; intellectual learning - knowing where the food came from and emotional and social learning. As this is a very important aspect of the children's development, let's look at it in more depth:

For healthy social and emotional development, children need to:

1. Feel good about themselves
2. Learn self-control
3. Learn to effectively communicate their feelings
4. Develop confidence
5. Experience attachment

All of the above give children a sense of well-being and belonging. Children also need to:

6. Have positive relationships with others
 7. Learn to succeed in group situations - helping children learn social responsibility and diversity
 8. Learn to concentrate - which supports children with exploration and creativity.
- (Laura Doan, Margaret H. Patten and Cindy Piwowar)

If we read the list above and then think about the experience the children had when making apple sauce we can surmise that they took away from this activity more than what first meets the eye. Every child who has been involved has peeled and cut the apples. Without exception they all wanted to use a peeler and a sharp knife to chop up the food. If we refer to the list, while using these tools, they felt good about themselves and developed confidence by successfully using a tool which is often reserved for adults use only. They had to practice self-control to avoid being cut. As we worked in a group for a common goal, each child experienced the feeling of attachment to the group. The atmosphere in the group was one of cohesiveness and deep concentration. We all had a sense of well-being and belonging as we shared the apple sauce at snack time, which will stay with us longer than if we had eaten a bowl of apple sauce from the grocery store.

Quadra Kids News

September has been a busy month for the children as they get back into the school routine, often there are many yawns as we walked down to the program from the bus.

The children have been very engaged with using the glue guns lately making many different lands from all kinds of materials ranging from paper rolls to popsicle sticks to pipe cleaners. We would gratefully receive any materials -paper rolls, small boxes (e.g. toothpaste boxes), ribbon, etc. that you may have at home to continue to foster these creative endeavors by the children.

Our outside area continues to provide the children with many opportunities to expend their energy from bike riding to playing 'Mantracker' in the forest to climbing on the play structure. These outside activities provide the children with social learning as they figure out how to be inclusive rather than exclusive, how to take care of each other when feelings get hurt and how to contribute ideas in a group.

So many rich learning situations!

We finally harvested our beautiful corn plants and were surprised at how small the corn cobs turned out to be – not enough for a corn feast but we remove the kernels from the cob and made a delicious vegetable/noodle soup. At snack the children are asked to get out their lunches from school and eat up what wasn't eaten. Often many of them have not touched their protein (e.g. sandwich) so we have been talking about the importance of eating their proteins first as it can be hard to learn in the afternoon if they haven't eaten their good food. Please take some time at home to discuss with your child the importance of eating at school.

This summer we had a fieldtrip to On the Rocks Climbing Gym in Campbell River. It was a huge success with a large variety of climbing options for the range of ages that we have in our Quadra Kids program. We will be heading back there on the Pro-D Day. Details are below.

Pro-D Day Friday, October 21st - On The Rock's Climbing Gym Fieldtrip: Cost \$17 which includes bus fare. We will leave on the 12 ferry and return on the 4:30 ferry.

Preschool Fire Hall

Fieldtrip

We are planning a trip to the Fire Hall this month to support the children's interest in fire-fighting. It crops up in their play so often. We will be walking from the Centre through the Community trails to the Hall. After a tour we will be eating our lunch there before returning to the Centre via the trail. We will announce the date of this trip once it has been confirmed.

Shake Out B.C.

We will be participating in the annual Shakeout B.C. province wide earthquake drill on Thursday, October 20th @ 10:20a.m. This standard drill and evacuation uses simple steps to inform all teachers and children how to perform Drop, Cover and Hold On – a quake-safe action designed to protect lives and prevent injuries during a quake.



Halloween Party

Monday, October 31st from 10-11:30

Please join us for our party, there will be games, stories, costumes and "Tricks and Treats"!

Everyone is welcome to join in the fun!

Welcome to ...

- Jacob & Seth Henry and Family
- Ben Wunsch and Family
- Claire Swanson and Family

**Thank you for sharing your children with us~
Dee, Barbara, Lise, Cally, Pam, Cathy,
Ramona and Sue.**

